

Family and Community Violence Prevention Program **Fiscal Year 2000**

The Office of Minority Health (OMH) in the Department of Health and Human Services, created in December 1985, serves as the focal point within the Department for leadership, policy development and coordination, service demonstrations, information exchange, coalition and partnership building, and related efforts to address the health needs of racial and ethnic minorities.

The Family and Community Violence Program (FCVP) was developed in fiscal year 1994 under a cooperative agreement between OMH and Central State University (CSU), Wilberforce, Ohio. The purpose of the FCVP is to impact the increasing incidence of violence and abusive behavior in low income, at-risk communities through the mobilization of community partners to address these issues. The FCVP coordinates and directs the activities of Family Life Centers (FLCs) at 24 Historically Black Colleges and Universities, Hispanic Serving Institutions, Tribal Colleges and Universities, and other Minority Institutions in 17 states, the District of Columbia and the U.S. Virgin Islands. The FLCs are engaged in violence prevention activities which address the academic, personal, cultural and career development of youth who are at risk for involvement in violent and other abusive behavior. Each FLC also provides a summer academic enrichment program of at least three weeks in length and conducts activities to improve family bonding, parenting skills and social interaction skills. The participating institutions have developed collaborative agreements with community organizations (e.g. churches, social service agencies, judicial systems, police departments) to assist in recruiting youth and their families and delivering the services and activities.

The 24 FLCs described in this fact sheet were selected through a competitive application process and were each funded for a three-year project period. As required by FCVP guidelines, each institution has a FLC within a 10-mile radius of the target group and community to facilitate participants' access to services and activities. During the project period, the FLCs are projected to serve predominantly African American and Hispanic youth, ranging in age from 4 to 19, and their families.

For additional information, please contact the Division of Program Operations, Office of Minority Health.

April 2001

**FY 2000 FAMILY AND COMMUNITY VIOLENCE PREVENTION PROGRAM
FAMILY LIFE CENTERS**

ALABAMA:	<i>Talladega College</i> , Talladega, AL
CALIFORNIA:	<i>Charles R. Drew University</i> , Los Angeles, CA
DISTRICT OF COLUMBIA:	<i>Howard University</i> , Washington, DC
FLORIDA:	<i>Florida International University</i> , Miami, FL
HAWAII:	<i>University of Hawaii at Hilo</i> , Hilo, HI <i>University of Hawaii at Manoa</i> , Manoa, HI
GEORGIA:	<i>Morehouse College</i> , Atlanta, GA
ILLINOIS:	<i>Chicago State University</i> , Chicago, IL
LOUISIANA:	<i>Southern University</i> , Baton Rouge, LA <i>Xavier University</i> , New Orleans, LA
MINNESOTA:	<i>Leech Lake Tribal College</i> , Cass Lake, MN
MISSISSIPPI:	<i>Tougaloo College</i> , Tougaloo, MS
NEBRASKA:	<i>Little Priest Tribal College</i> , Winnebago, NE
NEW MEXICO:	<i>Institute of American Indian Arts</i> , Sante Fe, NM
NEW YORK:	<i>John Jay College of Criminal Justice</i> , New York, NY
NORTH CAROLINA:	<i>North Carolina A&T State University</i> , Greensboro, NC <i>University of North Carolina at Pembroke</i> , Pembroke, NC
OHIO:	<i>Central State University</i> , Wilberforce, OH
SOUTH CAROLINA:	<i>South Carolina State University</i> , Orangeburg, SC
SOUTH DAKOTA:	<i>Sinte Gleska University</i> , Rosebud, SD
TEXAS:	<i>Prairie View A&M University</i> , Houston, TX <i>Texas Southern University</i> , Houston, TX <i>Texas A&M University Corpus Christi</i> , Corpus Christi, TX
VIRGIN ISLANDS:	<i>University of the Virgin Islands</i> , St. Thomas, VI

ALABAMA

Talladega College

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Talladega, AL 35160

Phone: (256) 761-6445

Fax: (256) 761-6448

Title: **Project Reachout**

FLC Director: Michael McLendon

Age Group: 12 to 18

Project Reachout seeks to combine College and community resources and expertise to reduce violence in the Talladega community. The project utilizes a multi-disciplinary approach, bringing together at-risk youths, their parents, churches, school systems, media, and the business community in partnership with Talladega College. The project includes the In-School and After-School Programs, the Cultural Awareness/Rites of Passage Program, a Summer Academy and the Parents Program. The In-School Program provides tutoring in English/reading at Zora Ellis Middle School and Talladega High School for project participants. The After-School Program provides academic tutoring and seminars on conflict resolution, self esteem and substance abuse awareness four days per week at the Westgate Community Center and the Continuous Learning Center. Participants are involved in community service and peer counseling one day per week. The Cultural Awareness/Rites of Passage Program is based on the Afrocentric concept called *Nguzo Saba* and emphasizes understanding/tolerance of diversity (other cultures) and general rites of passage in life (e.g., applying to college, first job). The Summer Academy is a six-week experience which includes training in entrepreneurship, computer usage, conflict resolution and basic academics (math and reading). Among the offerings of the Parents Program are special workshops on effective parenting, training in career development, and monthly sessions for parents and their children (recreational activities and weekend trips).

CALIFORNIA

Charles R. Drew University of Medicine & Sciences

College of Allied Health

1731 E. 120th Street

Los Angeles, CA

Phone: (323) 563-9302

Fax: (323) 357-3496

Title: **Charles Drew Family Life Center**

FLC Director: Kennieth Nelson

Age Group: 9 to 12

The goal of the *Charles Drew Family Life Center (CDFLC)* is to reduce the incidence of reported violence and abusive behavior among Los Angeles area youth through their participation in a comprehensive program. The *CDFLC* serves 60 African American and Hispanic youth referred by schools and juvenile probation officers serving the Compton/Willowbrook, Watts, and Lynwood areas of Los Angeles. The program is conducted after school, five days per week at Lincoln and Carver elementary schools. After-school activities include academic enrichment in English, reading and mathematics. Sessions are also conducted to improve participants' self-esteem, social skills, problem-solving skills and anger management ability. Lessons on dealing with peer pressure are also part of the *CDFLC* curriculum. Participants attend community events and engage in organized sports activities as part of the cultural/recreational development component of the program. Journal writing, arts and crafts, communication skills and resume writing are activities conducted to impact participants' attitudes toward work and education. Bi-monthly workshops are held for parents in an effort to strengthen relationships between children and adults. A six-week Summer Enrichment Program is held for 60 participants and their parents on the University campus. The summer program includes workshops in creative writing, critical thinking, music and art. Participants also develop personal portfolios as part of a life skills component and complete a research project in the area of career exploration.

DISTRICT OF COLUMBIA

Howard University

2006 Georgia Avenue, NW

Washington, DC 20001

Phone: (202) 806-9557

Fax: (202) 806-9566

Title: **Howard University Family Life Center**

FLC Director: Cleve Parmer

Age Group: 7-18

The *Howard University Family Life Center (HUFLC)* conducts a number of activities to help address the problems of violence, crime, and related distress of the inner city communities near the Howard University campus. The *HUFLC* has organized an activity center in Bruce-Monroe Elementary near the University, whose administrators, parent organizations, and other community organizations serve as partners and full participants in the HUFLC. The After-School Program provides academic enrichment, personal development and career development activities. The Saturday Program provides additional enrichment to the learning experience of students enrolled in the FLC Program. This component includes classes in band, drama, singing and dancing, experience in the Community Technology Center, and cultural/recreational field trips. The Home Visitation Program ensures a continuous dialogue with parents on various aspects of parenting, conflict management and family strengthening. The five-week Summer Academy focuses on academic reinforcement, disciplined camping, career and educational development, personal development and various recreational and cultural activities. A parent Advisory Board ensures input from parents and serves as a vehicle to increase parental participation in all aspects of the FLC.

FLORIDA

Florida International University

3000 NE 151 Street

Miami, FL 33181

Phone: (305) 919-5890 Ext. 4865

Fax: (305) 919-5848

Title: **AGAPE Family Life Center**

FLC Director: Shrita Penn-Sterlin

Age Group: 12 to 15

The *AGAPE Family Life Center* provides program activities for 50 African American and Hispanic students enrolled at the Lake Stevens Middle School. The cohort remains with the program from entry into the 6th grade through completion of the 8th grade. Student teachers, tutors and experts in the field of peace education provide enrichment activities and homework assistance in reading, comprehension and math after school as part of the Academic Development component. The project's collaboration with the Florida Institute for Peace Education and Research provides participants with training in conflict resolution, character development and life skills as part of the Personal Development component. Each participant is assigned a mentor who maintains a big brother/big sister relationship and provides career development information. During the monthly multicultural breakfast, mentors discuss their professions and their requirements with the cohort group. Job shadowing and a job fair are also part of the Career Development component. The multicultural athletic and leisure training program features instruction in golf and tennis, to emphasize and teach courteous behavior and etiquette. During the four-week summer program, participants spend two weeks on the college campus for continued enrichment in each of the four FCVP components. The last two weeks of the summer program involve participants in community play and song productions. The plays are performed in community parks, community centers and churches.

GEORGIA

Morehouse College

830 Westview Drive, SW

Atlanta, GA 30314

Phone: (404) 681-3970

Fax: (404) 893-9141

Title: **Morehouse College Family Life Center**

FLC Director: Valdimir Joseph

Age Group: 12 to 18

The *Morehouse College Family Life Center (MCFLC)* project is designed to reduce incidences of youth violence and the resultant fear of crime. The *MCFLC* collaborates with the community program Inner Strength to conduct basic and exploratory research on the etiology of violence and social behavior; to plan and test interventions and programs for violence reduction; and to implement programs for education and community outreach. Project interventions are geared toward youth and their caregivers. Interventions for youth are designed to reduce the prevalence and incidence of problem behaviors and develop economic opportunity and futuristic outlook. They include development of positive social skills, implementation of an apprenticeship/work program with training to enhance probability of successful work, and on-the-job learning. Participants' caregivers receive skills training on discipline, monitoring and support for the parenting role. Through its collaboration with Inner Strength, the *MCFLC* conducts a three-week Summer Academy for 30 youth which is designed to sharpen participants' reading and basic math skills and provide opportunities to focus on career development and job exploration. The Summer Academy is held on the Morehouse campus which allows for participation in campus activities as well as interaction with college students, faculty and staff. Field trips and sessions on African American history and current issues assist in participants' cultural development.

HAWAII

University of Hawaii - Hilo

200 W. Kawili Street, Room PB11-4

Hilo, HI

Phone: (808) 933-0849

Fax: (808) 933-0838

Title: **Ka Pouhana (The mainstay of a family group)**

FLC Director: Wendy Hamane

Age Group: 14 to 18

The *Ka Pahouana* program seeks to provide positive intervention for disadvantaged adolescents who have shown early indications of problem behavior in an effort to modify problems before they become more serious. The program provides education, community service, cultural enrichment and personal development for 30 students selected from Hilo High School. Participants are able to earn course credit for participation in the day education program (five days per week, four hours per day) and are offered opportunities to earn additional credits toward graduation during after-school, evening and weekend courses. A GED preparation course is provided during the evenings for those participants who are deemed ineligible to earn a high school diploma (e.g., 3rd year freshmen). An after-school program, conducted four days per week (three hours per day), provides a general homework tutorial, workshops in career awareness and development, social skills training workshops and access to the computer lab, weight room and recreation room. On Saturdays the program offers an array of activities during a seven-hour period. The Saturday program emphasizes exposure to and experiences in career pathways (e.g. Natural Resources, Industrial and Engineering, Arts and Communication). Special interest workshops are offered for participants and their families to encourage interaction and emotional cohesion. A six-week summer internship/enrichment program is conducted in partnership with Alu Like, a local organization. The summer program provides firsthand experience in environmentally-related fields such as forestry, marine science and river science.

HAWAII

University of Hawaii - Manoa

Hui Malama o ke Kai
c/o Blanche Pope Elementary School, Rm B03a
41-133 Huli Street
Waimanalo, HI 96795

Phone: (808) 259-2601/2602

Fax: (808) 259-2603

Title: **Hui Malama O Ke Kai**

FLC Director: Sonja Evensen

Age Group: 10 to 14

The overall goal of the *Hui Malama o ke Kai (HMK)* is to reduce violence and risk factors associated with violent behavior, and improve resiliency factors among Waimanalo youth by developing their academic, personal, cultural/recreational and career skills. An after-school program is conducted three days each week for 40 community elementary school youth. The program includes academic enrichment and development activities such as journal writing, budgeting, shopping and menu development, and the creation of a community newsletter. Lessons in conflict resolution, family potluck dinners and other family activities are held to increase personal development and family bonding. Community volunteers and other professionals serve as guest speakers to increase participants' career awareness. Other educational sessions focus on traditional Hawaiian values, language and culture. Youth also participate in community service activities such as beach clean-ups and learn water safety skills. One Saturday each month, *HMK* participants go on all day excursions or camping trips. The three-week summer program provides the youth with more concentrated activities in Hawaiian culture, history and traditions. Participants also have more sessions on career awareness, conflict resolution, communication skills and critical thinking.

ILLINOIS

Chicago State University

95th Street & M. L. King Drive

Chicago, IL 60628

Phone: (773) 995-3823

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Title: **Project Success**

FLC Director: Useni Perkins

Age Group: 10 to 18

Chicago State University's (CSU) Family Life Center, the Abraham Lincoln Center and Ada S. McKinley Community and Family Services have formed a partnership to address the problem of violence among young African American and Hispanic males who live in the Oakland/Grand Boulevard and South Chicago communities. The partnership serves as the springboard for *Project Success*, an innovative violence prevention intervention program that addresses high risk factors that have an adverse impact on the socialization of young African American and Hispanic males. *Project Success* emphasizes Personal Development through sessions relating to moral development, social skills, conflict resolution and spirituality. Basic academic support and tutorial assistance are provided in reading and math. Activities are also conducted to provide participants with a greater appreciation of their racial identity and heritage. Structured sessions are provided in the areas of Career Development and Recreational Development. A four-week Summer Violence Awareness Institute is carried out on campus. Participants are transported to the CSU campus each day to take part in a variety of violence prevention workshops, reading classes and recreational activities. Informal counseling, case management services and court advocacy are provided for participants on an as-needed basis.

LOUISIANA

Southern University at Baton Rouge

Baton Rouge, LA 70813

Phone: (225) 771-4711

Fax: (225) 771-5675

Title: **Southern University – Baton Rouge Family Life Center**

FLC Director: Carl Williams, III

Age Group: 5 to 17

The *Southern University -- Baton Rouge Family Life Center (SUBRFLC)* has implemented a community violence prevention program in North Baton Rouge to address risk factors in a high crime, high drug and low economic community. Each year, the program services approximately 60 youth and their families who live in the inner city of North Baton Rouge. The three major segments of the program are the After-School Tutorial, the Saturday Academy and the Summer Institute. The After-School Tutorial provides participants with tutoring and homework assistance for two hours each day, Monday through Thursday. The academic portion is followed by a one-hour session on a variety of personal development issues including anger management, conflict resolution, communications skills and family bonding. The Saturday Academy involves an eight-hour session held once per month. Each session includes activities related to Career Development and Cultural/Recreational enrichment such as: resume writing, job shadowing, cultural field trips and rap sessions. The Summer Institute provides participants with a four-week experience that integrates activities related to academic, personal, career and cultural/recreational development. Participants spend each week day (approximately 8 hours/day) in activity on the Southern University campus. Another component of the program is the Parent University which consists of monthly parenting workshops, field trips and other special activities designed to improve family relationships and strengthen family ties.

LOUISIANA

Xavier University of Louisiana

7325 Palmetto Street

New Orleans, LA 70125

Phone: (504) 485-5196/5197

Fax: (504) 485-7925

Title: **Xavier University Family and Community Life Center**

FLC Director: Pamela Rogers

Age Group: 11 to 18

The overarching goal of the *Xavier University Family and Community Life Center (XUFCLC)* is to help prevent and reduce violence among African American youth by improving their educational and future economic opportunities. The *XUFCLC* seeks to demonstrate a successful model of environmental change in the local violence prevention arena. An after-school program is provided for 55 youth Monday through Friday. Daily tutorial services are provided in math reading, and writing, and participants have access to the campus computer laboratory. The after-school program also includes small group sessions focusing on topics such as conflict resolution, values clarification, leadership skills and substance abuse. Program participants are provided the opportunity to attend career building seminars/career fairs and job shadowing in collaboration with the University Career Services Division. Recreational and cultural enrichment activities include theater outings, sporting events, canoeing, and thematic festivals held in the New Orleans area. The four-week summer enrichment program, conducted on the Xavier campus for 55 participants, includes structured activities including personal development, reading/writing, personal hygiene and career preparation. The *XUCFLC* also awards mini-grants to teachers and/or schools in the Greater New Orleans Area School System to support activities that include violence prevention, conflict resolution, academic enrichment and/or educational enhancement.

MINNESOTA

Leech Lake Tribal College

Rt. 3, Box 100

Cass Lake, MN 56633

Phone: (218) 335-4257

Fax: (218) 335-4271

Title: **Leech Lake Tribal College Family Living Center Satellites**

FLC Director: Clifford Martel

Age Group: 5 to 19

The goal of the *Leech Lake Tribal College Living Center and Community Satellite Centers* is to reduce the incidence of violence in remote communities on the Leech Lake Reservation through a culturally centered program. The project operates Family Living Centers on the Leech Lake Tribal College campus and in the following communities: Bena; Ball Club; Onigum; Sugar Point; S Lake; and Inger. A community mentor serves as an outreach coordinator at each community site. Each site serves 10 youth; the campus site serves 20. Project activities are conducted from 4 to 10 p.m. daily and on weekends, with tutors and mentors available at each center to provide participants with homework and other academic assistance. A distance delivery service makes classes and course work from the College available at the community sites. Community partners collaborate with the College to provide a number of activities for youth including career exploration, job training, art and cultural arts appreciation, heritage education, sports and games, and leisure activities. Traditional activities such as talking circles, drum and dance groups, and Anishinabe language tables are conducted to increase community bonding. Sessions are also held on parenting skills, martial arts, soap making, bead working and community policing and safety for all community members. During the summer, centers are open from 9 a.m. to 9 p.m. A variety of summer camp options are available including a math and science camp, a cultural immersion camp, horsemanship and camping experiences with Girl Scouts.

MISSISSIPPI

Tougaloo College

500 West County Line Road

Tougaloo, MS 39174

Phone: (601) 977-6179

Fax: (601) 977-9374

Title: **Tougaloo College Family and Community Violence Prevention Program**

FLC Director: Felicia Whittington

Age Group: 8 to 17

The *Tougaloo College Family and Community Violence Prevention Program (TCFCVPP)* is a cooperative venture of community-based partners including Rowan Middle School, Walton Elementary School, parents, the Jackson Public School System, higher education, private enterprises/corporations, local churches, civic and community-based organizations, and law enforcement and government agencies. The program has three primary components: After School Violence Prevention/Academic Enrichment; Parental Skills Development/Enrichment; and Community Outreach-Awareness and Prevention. The academic year program serves 65 at-risk youth attending Walton Elementary School and their families through the After School Violence Prevention/Academic Enrichment Program which includes mentoring and community service projects. Cultural/recreational weekend activities and field trips, such as visits to museums, historical landmarks and amusement parks, are also provided. The *TCFCVPP* sponsors family strengthening functions and parental skills development workshops and seminars. A collaborative Parent-School Alliance has been established to assist in improving program participants' academic performance, address anti-social behaviors and prevent students from dropping out of school. A five-week summer program consisting of academic enrichment and violence prevention activities is conducted for 45 academic year participants and 15 additional middle and high school youth. The summer program assists students in overcoming basic skills deficits and acquiring more

NEBRASKA

Little Priest Tribal College

P.O. Box 270

Winnebago, NE 68071

Phone: (402) 878-2380

Fax: (402) 878-2355

Title: **Strengthening the Winnebago Nation: Building a Healthier Community**

FLC Director: Ann Downs (Interim)

Age Group: 10 to 17

The overall goal of the *Strengthening the Winnebago Nation: Building a Healthier Community* project is to decrease the incidence of violence and abusive behavior on the Winnebago Reservation through the operation of a Family Life Center (FLC). The FLC conducts programs designed to mentor and assist youth in making healthy life choices. Activities are conducted in-school and after school during the academic year. Programming is also offered on weekends and during the summer in coordination with the Family Resource Center, the Whirling Thunder Wellness Center, the Winnebago Public Schools, St. Augustine's School, the Ho-Chunk Youth Shelter and Youth Development Center, Gear Up and the Bison Refuge Program. Youth participants receive assistance to improve their academic skills and their sense of self-identity as well as their identity as a member of the Winnebago Tribe. Sessions include substance abuse prevention, job readiness, marketable skills development, positive cultural awareness development and participation in an in-school tutoring program. Participation in activities conducted in collaboration with the Whirling Thunder Wellness Center help to promote teamwork, cooperation, relaxation and good health. The three-week summer experience incorporates the components of the Bison Program into a day camp, overnight camping excursions and outings to area attractions. The Bison Program provides activities that support the tribal language, culture, values, traditions and living in harmony with all things. Participants have the opportunity to apply mathematical, science and environmental concepts, and writing

NEW MEXICO

Institute of American Indian Arts

83 Avan Nu Po Road

Santa Fe, NM 87505

Phone: (505) 424-2345

Fax: (505) 424-4900

Title: **Building a Healthier Community**

FLC Director: Marian Patsy Cajete

Age Group: 12 to 17

The overall goal of the *Building a Healthier Community* program is to increase participants' grades and self-esteem and to decrease the incidence of violence and abusive behavior in the Santa Fe educational community. The program operates a Family Life Center which serves 50 Native American youth each year. Ten college mentors from the Institute of American Indian Arts (IAIA) assist participants by tutoring, teaching personal development, providing cultural experiences and offering insights on various careers. The program consists of three main components: in-school, after-school and a summer program. The in-school component is held daily for one hour. During these sessions, the mentors meet with participants at their respective schools and provide tutoring, personal skills development training and career exploration activities. The after-school component focuses on personal development activities. Evening sessions are conducted with parents and participants in an effort to improve family bonding. Other evening sessions provide job shadowing and career exploration activities with local businesses participating in the Santa Fe Del Sur Rotary Club. Weekend sessions are held for participants during which personal values are stressed. Monthly weekend workshops such as drum groups, sweats, and native art experiences are conducted to address cultural/recreational enrichment. The four-week summer program is held on the IAIA campus. The major focus of the program is the art and culture of Native American communities. Academics, recreation, personal development and career information are interwoven into the

NEW YORK

John Jay College of Criminal Justice

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New York, NY 10019

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Title: **John Jay College/Inwood Community Services Family Life Center**

FLC Director: Luis Barrios, Ph.D.

Age Group: 12 to 18

The goal of the *John Jay College/Inwood Community Services Family Life Center (JJCFLC)* is to build the protective factors among community youth in their families in an effort to reduce the incidence of violence. The program serves 40 primarily Hispanic youth and their families, who have some history of violent behaviors or have such potential based on a combination of risk factors. The *JJCFLC* operates for four hours after school each week day at the Inwood Community Services facility. Participants receive tutoring and homework assistance. An on-site ESOL lab (English for Speakers of Other Languages) is available for those students in need of language assistance. The center provides a series of weekly life skills training workshops to FLC youths and their parents which address a number of protective factors such as: motivation; self-discipline; problem-solving; vocational education; family management; budgeting and consumer issues; and job training and placement. Specific conflict resolution workshops are offered as well. *JJCFLC* youth participate in the center's karate and basketball programs at the local high school, and are involved in community service projects such as the preservation of local parks. The summer enrichment program operates for four weeks, five days per week during the months of July and August. Summer activities include academic enrichment, career development and a number of field trips to recreational and historic sites in New York City.

NORTH CAROLINA

North Carolina A&T State University

1020 E. Wendover Avenue, Suite 206

Greensboro, NC 27411

Phone: (336) 334-4541/3824

Fax: (336) 334-4503

Title: **Reach for Success**

FLC Director: Jennifer Bynum

Age Group: 12 to 18

North Carolina A&T State University School of Nursing has implemented *Reach for Success*, a Family and Community Violence Prevention (FCVP) Program under the supervision of the Family Life Empowerment Center (FLEC). *Reach for Success* is a community-based prevention and intervention program that offers programs and services to approximately 60 African American males and females who may be at-risk of engaging in violent behaviors, alcohol abuse, and other drug-related activities. These program participants are from four high schools (Dudley, Grimsley, Smith, and Southeast) and two middle schools (Aycock and Lincoln). The program involves individual and group training sessions focusing on: leadership skills; communications skills; decision making and goal setting skills; conflict mediation; management skills; and cultural and recreational activities. Career/health fairs are also conducted. A four-week Summer Institute is conducted on campus and provides classes in English, math and computer skills. Students also go on cultural/historical field trips, participate in recreational activities and attend career and other academic workshops. The program integrates a family-centered approach that offers parenting programs for the parents/guardians of the participants. Services are offered within the communities through outreach efforts and are centered around the collaborative bonds formed between several community-based organizations, (i.e., the Greensboro Police Department, Black Child Development Institute, Inc., Guilford County Public Schools, and Individualized Service Providers, Inc., and Moses Cone Health System).

NORTH CAROLINA

University of North Carolina at Pembroke

P.O. Box 1510

Pembroke, NC 28372

Phone: (910) 522-0070/1304

Fax: (910) 522-1451

Title: **University of North Carolina at Pembroke Family Life Center**

FLC Director: Sylvia Sanderson

Age Group: 11-15

The overall goal of the *University of North Carolina at Pembroke Family Life Center* is to prevent community violence through a year round program offering academic, personal, cultural, recreational and career development activities. The program targets youth attending Pembroke Middle school who demonstrate behaviors indicating they are at risk for violence. Program participants are referred by the Department of Social Service, the Department of Mental Health, the Pembroke Housing Authority and/or Pembroke Middle School. The program consists of three components: after-school; Super Saturdays; and the Summer Institute. The after-school component is held for three hours per day Monday through Thursday. Youth receive enrichment in basic math and language arts skills. Sessions also focus on addressing social skills in need of enhancement through behavior modification, journal writing, life skills and role play. Super Saturdays take place on the first and third Saturday of each month during the academic year. Youth participate in recreational activities that incorporate team building techniques and leadership skills. Once each quarter Super Saturday involves a day long trip to museums, cultural festivals and/or outdoor dramas. Free parenting classes are also offered on Super Saturdays. The four-week Summer Institute is held in July and provides participants with creative opportunities to build upon the math, reading, cultural, career and personal development skills acquired during the academic year. Participants have a one-day orientation and a one-day field trip before the Summer Institute begins. The Summer Institute also involves participants developing a community service video and

OHIO

Central State University

111 Brennen Drive
Dayton, Ohio 45415

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Title: **Central State University Family Life Center**

FLC Director: Walter Green

Age Group: 8 to 18

The *Central State University's Family Life Center (CSUFLC)*, located in the City of Dayton, seeks to develop and maintain a violence prevention network for the purpose of reducing incidences of violence among minority families. The *CSUFLC* provides violence risk education programs to 50 Edison Elementary School students and 20 Parkside Housing Complex residents. Collaborative agreements and partnerships have been established with the Dayton Metropolitan Housing Authority, the Dayton Urban League, local schools, churches, businesses, and community-based organizations in the Dayton area. There are four components of the *CSUFLC*. The In-School and After-School component runs through the academic year and is designed to improve children's academic performance through tutoring, mentoring, personal development and cultural/recreational activities. Participants are engaged in school for one hour, two days per week, and after school for three and one-half hours, four days per week. The Building Positive Leaders component is a small interactive group based program held on Saturdays. Youth participate in community service projects, entrepreneurial skills building and field trips. The Summer Enrichment Camp is a three-week experience for 30 summer youth. Camp activities are conducted in partnership between *CSUFLC*, the Dayton Urban League Youth and Family Training Center, and the Combined Health District of Montgomery County. The camp focuses on academic, personal and social development. The Family Bonding component consists of activities such as Fun Night, Family Picnics, and a Non-Violence Rally, to enhance

SOUTH CAROLINA

South Carolina State University

P.O. Box 7659

300 College Street, NE

Orangeburg, SC 29117

Phone: (803) 533-3939

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Title: **Project FLAVA (Families Linked Against Violence Activities)**

FLC Director: Veronica Primus-Thomas

Age Group: 12 to 18

The South Carolina State University Family Life Center operates *Project Flava* with the goal of increasing the academic, personal, cultural and career development of low-income, at-risk youth. The project serves 75 participants who are identified through the Orangeburg Area Development Center/Sprinkle Community; Brookdale, Howard and Clark Middle Schools; and Orangeburg-Wilkinson High School. During the academic year, activities are conducted in school and after school Monday through Thursday and one Saturday per month. A four-week summer program is also conducted each year. Participants are tutored during in-school and after-school sessions by college students and community partners in math, reading/English and science. The after-school sessions are held for three hours, Monday through Thursday. College students provide guidance, support, and intensive ongoing mentoring and academic counseling during and after school. Community partners follow up with activities such as homework, computer assignments, and other experiential learning activities and community projects. Creative problem solving and decision making skills are stressed to assist youth in developing good impulse control and using peaceful conflict resolution methods. Other activities include sports and recreational sessions, arts and crafts, and field trips to museums and theatrical performances. The four-week summer youth academy further enhances skills in math, science, reading/English and technology. College professors serve as guest speakers and role models to stimulate thoughts of going to college early. Participants visit

SOUTH DAKOTA

Sinte Gleska University

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Mission, SD 5755

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Fax: (605) 856-5025

Title: **Sinte Gleska University Family Life Center**

FLC Director: Janet Routzen

Age Group: 12 to 18

The *Sinte Gleska University Family Life Center (SGUFLC)* seeks to decrease juvenile crime on the Rosebud Reservation by reducing aggressive and/or anti-social behavior among Lakota youth. The *SGUFLC* serves 40 youth who have been referred by the local school systems and by the Rosebud Sioux Tribe Juvenile Court. The center operates four days per week from 9:30 a.m. to 3:30 p.m on the University campus. Activities include anger management, conflict resolution, peer mediation, stress management and education on drugs and alcohol. Referrals are made to local human services agencies when necessary, to provide mental health services and treatment for substance abuse or depression. The *SGUFLC* also teaches skills in relaxation/meditation and uses talking circles to improve communication skills. Through coordination with the referring schools, a study skills curriculum is employed to increase participants' skills in reading, writing and mathematics. Participants also have supervised access to the University's library and computer lab. Cultural lessons are provided on the history of the Lakota people, the Lakota language, and traditional songs, dance and games. Other recreational activities are also conducted on a daily basis. Participating youth are given job-shadowing opportunities both on and off the reservation and sessions are taught on job skills, resume writing and employment search skills. The three-week Summer Enrichment Program emphasizes improvement of academic skills, and participants have the opportunity to receive school credit for their work during the summer program. An additional week long summer camp

TEXAS

Prairie View A&M University

6436 Fannin Street, 9th Floor

Houston, TX 77030

Phone: (713) 797-7058/59

Fax: (713) 797-7013

Title: **Prairie View A&M University Family and Community Violence Prevention Program**

FLC Directors: Ruth Caggins, Ph.D.

Age Group: 8 to 15

The goal of the *Prairie View A&M University Family and Community Violence Prevention Program* is to reduce and prevent violence in the Kashmere Garden community. The center uses the "village" concept as an organizing frame of reference for promoting alliances among community organizations and agencies to decrease the incidence of violent behavior in the at-risk community. This concept provides an experiential learning environment that promotes academic, cultural, career and lifestyle development for 50 youth. The program includes after-school activities, weekend family bonding experiences and a summer enrichment program. The after-school program operates four days per week for three hours each day. Participants receive tutoring and homework assistance in math and reading. Each day includes a "village" activity and 4-H leadership training or practice for a heritage play. Required parental involvement focuses on the stages and characteristics of child development and emphasizes positive parent-child interactions that foster stable, nurturing and supportive family living. Experiential learning through drama and role enactment reinforces learning and makes it fun. The five-week summer program is conducted in collaboration with the existing Cooperative Extension Program. Special attention is given to developmental task achievement in areas including self-esteem building, career awareness, entrepreneurial opportunities, and cultural diversity. The H.S. Estelle 4-H and Youth Camp is the summer outdoor camping site for the FCVP at Prairie View.

TEXAS

Texas Southern University

3100 Cleburne

Houston, TX 77004

Phone: (713) 313-7796/7870

Fax: (713) 313-4375/4361

Title: **Texas Southern University's Center on the Family**

FLC Director: Bobbie Henderson, Ph.D.

Age Group: 8 to 14

The goal of *Texas Southern University's Center on the Family* is to develop and implement educational, informational, and enrichment activities to reduce violence and substance abuse among minority youth and families in selected community environs in Houston. This community-based program targets 65 youth in partnership with the Houston Independent School District (Douglas MacArthur Elementary School), St. James Episcopal School, Delta Sigma Theta Sorority, Inc., and Top Ladies of Distinction, Inc. Activities are implemented after school, five days per week. Age and developmentally appropriate violence prevention curricula are utilized to positively affect behaviors and promote qualities that are resistant to negative influences. Diverse formats and delivery systems for participant interactions include: one-on-one counseling, seminars, forums, parent support groups, tutoring sessions, community service projects, and recreational activities. Texas Southern University students serve as mentors and tutors for program participants during the academic year. Participants 11 to 13 years of age are also involved in the Across Ages mentoring project, which is an inter-generational approach to prevention, which matches trained senior members of the community as mentors to youth participants. The mentors serve as role models and advisors, and increase the youths' support systems. A three-week summer day camp is held on campus which offers violence prevention training, academic tutorials and a life skills development component. The center and its collaborative partners cooperate to provide participants with consistent exposure to

TEXAS

Texas A&M University Corpus-Christi

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Corpus Christi, TX 78412

Phone: (361) 825-2778

Fax: (361) 825-2384

Title: **Texas A&M University Corpus Christi Family Life Center**

FLC Director: Tony Elizondo

Age Group: 12 to 16

The mission of the *Texas A&M University-Corpus Christi Family Life Center (TAMUCCFLC)* is to positively impact the incidence of violence and abusive behavior, academic failure and the early onset of problem behaviors within a low-income, at-risk community. The *TAMUCCFLC* is housed in the Haas Middle school and annually serves 50 youth and their families through after-school and weekend activities, and summer programs. The after-school component is conducted daily for three hours providing activities related to academic and personal development, cultural and recreational enrichment, and career development. These activities include tutoring, assistance with homework, mentoring, entertaining academic exercises, workshops and presentations. Career exploration, nutrition and health classes, recreational sports and art activities are also included. Some activities such as job shadowing and cultural enrichment field trips may occur during the school day. Family and parent activities are conducted at both the FLC and at the University; some may be held in the evenings or on weekends. Such activities include career and personal development programs, family bonding recreational events, parent training and family therapy. The five-week Summer Enrichment Program features activities derived from the University's Math and Writing camps. Also included are marine and environmental science, fine arts, theater and computer science components. Each week the camp has recreational components including sports, non-competitive team building games, and swimming. Additionally, youth participate in some parts of the

VIRGIN ISLANDS

University of the Virgin Islands

2 Brewer's Bay

St. Thomas, VI 00802-9990

Phone: (340) 693-1121

Fax: (340) 693-1125

Title: **University of the Virgin Islands Family Living Center**

FLC Director: Franklin Holland

Age Group: 11 to 16

The purpose of the *University of the Virgin Islands Family Living Center* is to reduce and prevent violence and antisocial behaviors among at-risk youth and their families. The project serves 50 youth who attend Kirwan Elementary School and New Horizons Alternative School. The project consists of an after-school program and a summer program. The after-school program operates Monday through Thursday, four hours per day. Instructional homework assistance in reading, writing and mathematics are provided to participants by the project instructors and University tutors. Individual tutoring in academic subjects is also provided. Other after-school activities include counseling workshops, life skills workshops, substance abuse education and conflict resolution sessions. Workshops are also conducted for parents to improve parenting skills and interpersonal relationships skills. Career exploration workshops are held weekly which focus on decision making skills and expose participants to a variety of career options. Participants also engage in cultural and recreational activities designed to promote self-esteem, teamwork, healthy lifestyles and understanding of their cultural identity. Each participant is assigned a mentor from the University who interacts socially with the youth and provides academic assistance. The five-week summer program is conducted on the University campus and includes all of the components of the after-school program; special emphasis is placed on developing positive interpersonal skills, job training and exposure to positive recreational and cultural activities.